



**Name:** FarzinFarahbakhsh  
**Date of Birth:** September 18th 1991  
**Place of Birth:** Ahwaz, Iran  
**Place of Residence:** Tehran, Iran  
**Marital Status:** Single

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## Profile

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Despite the eagerness for learning medicine and experiencing research, He has always been loved by family, friends and colleagues for his loyalty, honesty, responsibility, and caring. Among classmates and colleagues have been known for bringing courage, motivation and hope; Due to this spirit he has become the leading mind among acquaintances.

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## Education

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- 2009 – Present: Medical Student, Tehran University of Medical Sciences, TUMS (The best medical university in Iran)
- 2009: National rank 58 among half a million participants of the “National Placement Exam for Public Universities” in Iran
- 2005 – 2009: High school of the National Organization for Development of Exceptional Talents (NODET), Ahwaz
- 2002–2005: Guidance school of National Organization for Development of Exceptional Talents(NODET), Ahwaz

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## Awards and Honors

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- 2014: Best student researcher of Sports Medicine Research Center, Tehran University of Medical Sciences
- 2009: National rank 58 among half a million participants of the “National Placement Exam for Public Universities” in Iran
- 2009: Announced 2nd biology major high school graduate student of Khuzestan province by governor
- 2007: Ranked 3rd in the "NationalFuture Makers Exam"for high school students
- 2004: Ranked 8th in the "NationalFuture Makers Exam"for guidance school students

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## Research Interests

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- Low back pain
- Spinal pain in athletes
- Psychological aspects of pain
- Medical Education

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## Research Grants

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**Sport Medicine Research Center (SMRC), Tehran University of Medical Sciences**

- 2011: Translation and Reliability of the Persian Version of The attitudes to back pain scale in musculoskeletal practitioners (*ABS-mp*)
- 2011: A Cross-sectional Study of Low Back Pain (*LBP*) Among Female Athletes of National Medical Universities
- 2012: A Systematic Review and Meta-analysis of Prevalence of Low Back Pain (*LBP*) in Athletes
- 2012: A Systematic Review and Meta-analysis of Prevalence of Neck Pain (*LBP*) in Athletes
- 2013: A Systematic Review of Reliability of Ultrasound in Neck Pain Diagnosis
- 2013: Difference in Trunk Muscles in Smoking Subjects With and Without Low Back Pain (*LBP*): A Case Control Study Employing Ultrasound

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**Skills and Abilities**

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**Research Skills**

- Statistical Analysis of Data
- Clinical and Experimental Study Design
- Scientific Writing

**Computer Skills**

- Microsoft Office (Word, Excel, Outlook and PowerPoint)
- Google Docs
- Adobe Acrobat Professional
- SPSS
- EndNote
- Mendeley
- R (a little bit)

**Other**

- Musculoskeletal Ultrasonography

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**Publications**

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- 2012: Farahbakhsh F, Rostami M, Kordi R. Necessity of Adding Sports and Exercise Medicine Topics to the Undergraduate Medical Curriculum in Iran. *Thrita J Med Sci*.2012.1(2):49-52. DOI: 10.5812/thrita.5104
- 2013: Rostami, M., A. H. Abedi Yekta, P. Noormohammadpour, F. Farahbakhsh, M. Kordi and R. Kordi (2013). Relations between lateral abdominal muscles thickness, body mass index, waist circumference and skin fold thickness. *Acta Med Iran*51(2): 101-106.
- 2014: Heidari P, Rostami M, Farahbakhsh F, Noormohammadpour P, Kordi R. The Role of Ultrasound in Diagnosis of the Causes of Low Back Pain: a Review of The literature. *Asian Journal of Sports Medicine* : Accepted
- 2014: Low Back Pain Status of Female University Students in Relation To Different Sports Activities: Under Review
- 2014: The effect of lumbar support on the ultrasound measurement of trunk muscles; a single blinded randomized controlled trial: Under Review
- 2014: Association between hearing loss and cauliflower ear in wrestlers, a case control study employing audiologic tests: Under Review

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**Projects in Progress**

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- Translation and Reliability of The attitudes to back pain scale in musculoskeletal practitioners (*ABS-mp*)
- Translation and Reliability of the Bournemouth Questionnaire for Neck Pain
- Prevalence of Low Back Pain (*LBP*) Among Athletes: A Systematic Review and Meta-analysis
- Prevalence of Neck Pain (*LBP*) Among Athletes: A Systematic Review and Meta-analysis
- Risk Factors of Low Back Pain (*LBP*) in Athletes: A Systematic Review and Meta-analysis
- Attitudes and beliefs towards Low Back Pain (*LBP*): A Review
- Attitudes and beliefs towards Low Back Pain (*LBP*)in practitioners: A Review
- Difference in Trunk Muscles in Smoking Subjects With and Without Low Back Pain (*LBP*): A Case Control Study Employing Ultrasound

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**Professional Experiences**

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**Positions**

- Research Fellow at Sports Medicine Research Center, Tehran University of Medical Sciences
- Head of Student Committee in Sports Medicine Research Center, Tehran University of Medical Sciences
- Executive Committee Member of Thritha Journal of Medical Sciences
- Ambassador of International student congress of (bio)medical sciences- ISCOMS2013
- Research Assistant at Spine Division, Noorafshar Rehabilitation & Sports Medicine Hospital, Tehran, Iran

**Teaching Experiences**

- 2014: Research methodology instructor at Sports Medicine Research Center, Spine Research Group
- 2014: Scientific Writing instructor at Sports Medicine Research Center, Spine Research Group
- 2012-2014: EndNote instructor at Sports Medicine Research Center, Spine Research Group
- 2011: Physiology Laboratory Instructor in Biology Olympiad Summer Course at Young Scholars Club (YSC), Tehran, Iran
- 2010: Biology at High school of the National Organization for Development of Exceptional Talents (NODET), Tehran, Iran
- 2010: Physics at High school of the National Organization for Development of Exceptional Talents (NODET), Ahwaz, Iran

**Reviewing Experiences**

- 2012: Thritha Journal of Medical Sciences
- 2014: Asian Journal of Sports Medicine
- 2014: Sports Health

**Research Experiences**

- 2011 – Present: Research Fellow at Sports Medicine Research Center, Tehran University of Medical Sciences
- 2012 – Present: Research Fellow at Spine Division, NoorafsharRehabilitation & Sports Medicine Hospital, Tehran, Iran

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**Congress and Presentations**

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- 2013: International Student Congress of (bio)Medical Sciences (ISCOMS), Groningen, Netherlands (Presenter, Ambassador)
- 2012: International Student Congress of (bio)Medical Sciences (ISCOMS), Groningen, Netherlands (Presenter)
- 2011: First Iran Interdisciplinary Congress for Low Back Pain, Tehran, Iran (Participant)
- 2008: 3rd National Organization for Development of Exceptional Talents (NODET) Biochemistry Congress, Ahwaz, Iran (Head of Peer Review Team and Presenter)

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## Languages

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- **English:**Fluent in Speaking, Listening, Reading, and Writing
- **German:** A Little Bit
- **Persian:** Mother tongue

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## Hobbies

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- **Photography**
- **Sports:** Football, Basketball, and Badminton.
- Hanging Out with Friends
- Playing Computer Games
- Wasting Time on Computer
- Playing "Tonbak" (A Persian Music Instrument)

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## Others

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### Sports

- 2008: Member of Khuzestan Province Elite Basketball Team
- 1997: Ranked 2nd in Khuzestan Province Gymnastic Competitions for Preschool Children

### Movie

- 2012: Executive Producer of "The Room" Directed by FarzinMohammadi

### Charity

- February 2011 – April 2011: Charity Work In "MehrAvaran" (An Organization Established by Medical Students of Tehran University of Medical Sciences) for Imam University Hospital Children with Cancer

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## Contact Information

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**References**

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